

SBIRT Proficiency Checklist

Taken directly from the SBIRT Proficiency Checklist Validation Study (PERU, 2014)

Pringle, J.L., Kowalchuck, A., Meyers, J.A., Seale, J.P. (2012). Equipping residents to address alcohol and drug abuse: The national SBIRT residency training project. *Journal of Graduate Medical Education*, 4(1), 58-63.

Long-Form Proficiency Checklist

Screening (4 items)	Not Met					Met
Practitioner correctly interprets the screening results.	1	2	3	4	5	
Practitioner accurately assesses quantity and frequency of alcohol and/or drug use.	1	2	3	4	5	
Practitioner accurately identifies the patient's level of risk related to their alcohol or other drug use using an appropriate evidence-based screening instrument.	1	2	3	4	5	
Practitioner assesses possible consequences of the patient's behavior, such as physical, psychosocial and other consequences.	1	2	3	4	5	

Comments:

Brief Intervention (5 items)	Not Met					Met
Practitioner asks permission to provide feedback about the patient's substance use.	1	2	3	4	5	
Practitioner uses reflection and/or open-ended questions to allow patient to react to screening result.	1	2	3	4	5	
Practitioner negotiates a goal with the patient based on steps he/she is willing to take.	1	2	3	4	5	
Practitioner informs the patient of healthy guidelines relevant to his/her sex and age group.	1	2	3	4	5	
Practitioner provides feedback about risks associated with the patient's substance use behavior.	1	2	3	4	5	

Comments:

Referral to Treatment (5 items)	Not Met					Met
Practitioner suggests the use of specific community and specialty resources.	1	2	3	4	5	
Practitioner attempts to negotiate agreement for treatment with the patient.	1	2	3	4	5	
Practitioner presents treatment alternatives in an MI consistent way.	1	2	3	4	5	
Practitioner addresses any concerns about the treatment referral.	1	2	3	4	5	
Practitioner recognizes the patient's need for substance use treatment based on their screening score and/or medical/behavioral factors.	1	2	3	4	5	

Comments:

Follow-Up (2 items)	Not Met					Met
Practitioner arranges appropriate follow-up (MD follow-up, referral to treatment, counseling, medication, etc.).	1	2	3	4	5	
Practitioner ends with a positive statement.	1	2	3	4	5	

Comments:

Motivational Interviewing Spirit (6 items)	Not Met					Met
Practitioner solicits from patient his/her own reason(s) to achieve the target behavior.	1	2	3	4	5	
Practitioner summarizes patient's stated reasons for change.	1	2	3	4	5	
Practitioner always treats the patient with respect.	1	2	3	4	5	
Practitioner negotiates a treatment plan in a collaborative manner.	1	2	3	4	5	
Practitioner affirms the patient's strengths, ideas &/or successes.	1	2	3	4	5	
Practitioner talks less than the patient.	1	2	3	4	5	

Comments: